

BOCA HAWAII Stage Race 2009

Aug 1 & 2, 2009



- Olomana Road Race, Sat 6:30am
- Tantalus Time Trial, Sun 6:30am
- Kakaako Criterium, Sun 2pm

USCF permit pending

Cyclists looking to challenge themselves in all areas of racing can display their strengths in the BOCA Stage Race. Athletes are encouraged to participate in all three events, but are not required to. Each rider will accumulate points from each race. Highest scoring riders will win prizes and awards.

RACE REGISTRATION:

Last name _____ first name _____

Address _____

City State Zip Phone Email

Gender: M F USCF Racing age (as of 12/31/09) _____ Birthdate ____ / ____ / ____

Tshirt size: S__ M__ L__ X__

RACE CATEGORY (check ONE):

RACE A: Senior Men cat 1 - 4, Masters Men cat 1 - 3

RACE B: Senior Men cat 5, Masters Men cat 4 - 5, Golden Masters(50+)

RACE C: Women

== PLEASE SIGN USA CYCLING EVENT RELEASE FORM ==

(print off www.bocahawaii.com/races or on reverse of paper apps)

RACE FEES:

All 3 races \$80 _____

Individual races:

Olomana RR \$30 _____

Tantalus TT \$30 _____

Kakaako Crit \$30 _____

Late fee after 7/25/09

Add \$10 _____

USCF one-day license

\$10 PER DAY _____ (annual members do not pay but must present card at packet pick up)

TOTAL enclosed: _____

Send check and app to:

BOCA HAWAII
330 Cooke St
Honolulu, HI 96813

BOCA HAWAII STAGE RACE –Page 2 (Keep for reference) *RACE SCHEDULE:*

Packet Pick Up: Friday July 31 12:30pm - 5:30pm at BOCA HAWAII
330 Cooke St Ph: 591-9839

STAGE I : Olomana Road Race Sat, Aug 1:

(Olomana Ridge - Meet near intersection of Kalaniana'ole Hwy & Old Kalaniana'ole Road)

RACE A - (Senior men cat 1 - 4, Masters Men cat 1 - 3) 45 miles (15 laps) - 6:30am

RACE B - (Snr men cat 5, Mstrs Men cat 4 - 5, Golden Mstrs Men) 35 mi (12 laps)- 9am

RACE C - (Women) 30 miles (10 laps) - 6:30am

STAGE II : Tantalus Time Trial - 4.5 miles Sun, Aug 2:

(Tantalus - Meet at bottom of Makiki Heights Drive, finish at State Park)

Assigned start times (Race Director reserves the right to assign start times)

Clock starts at 6:30am, first rider off at 6:31am ; next rider off every 1 minute

STAGE III : Kakaako Criterium - 1st race at 2pm Sun, Aug 2:

(Kakaako - Meet at Waldron Park, Cooke Street side near park bathrooms)

RACE A - (Senior men cat 1 - 4, Masters Men cat 1 - 3) 50 minutes

RACE B - (Senior men cat 5, Mstrs Men cat 4 - 5, Golden Mstrs Men) 40 minutes

RACE C - (Women) 30 minutes

Awards Ceremony: Sunday after Criterium Race at BOCA HAWAII (330 Cooke St)

Prizes - Category (overall results): Overall Award Places :

RACE A - 1st to 6th place

RACE B - 1st to 6th place

RACE C - 1st to 5th place

Prizes (gift certif, products, etc...)

Awards Ceremony & POTLUCK : Sunday after Criterium Race (6pm)

at BOCA HAWAII (330 Cooke St) - Some refreshments will be provided

(pizza, sodas) If possible, please bring something to contribute to food/drink table.

Each rider will accumulate points from each race. Highest scoring riders will win awards & prizes.

Points system:

1st place finish 12 points

2nd place finish 10 points

3rd place finish 8 points

4th place finish 7 points

5th place finish 6 points

6th place finish 5 points

7th place finish 4 points

8th place finish 3 points

9th place finish 2 points

10th place finish 1 point

GOOD LUCK!